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# ROAD TO 5 BILLION TREES : SCHOOL PROGRAM TAKING A LEAD IN MITIGATION OF CLIMATE CHANGE

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## INTRODUCTION

*Climate change poses a significant burden on communities worldwide, impacting health, livelihoods, and overall well-being. Nakuru, Kenya, has experienced adverse effects, particularly affecting women and young people. The disruption of traditional livelihoods, primarily agriculture, has led to severe financial and socioeconomic stress, exacerbating mental health and sexual reproductive health challenges. In response to these issues, Nyaluk Foundation, based in Nakuru, has taken a proactive role in environmental conservation education, recognizing the crucial link between environmental health and human well-being.*



## OBJECTIVES & DISCUSSION

- Objectives ;
- 1.To contribute to the government's ambitious plan of planting 15 billion trees within the next decade.
  2. To focus on inspiring communities in Nakuru to actively participate in tree planting initiatives, fostering a healthy environment.
  3. To introduce the concept of tree planting as a form of self-care, emphasizing the interconnectedness of personal well-being and environmental health

*Nyaluk Foundation has strategically engaged with various community leaders and organizations, establishing a robust network for collaborative efforts. The foundation has successfully initiated tree planting projects in 12 schools, within Nakuru county.*

## METHOD

*The approach involves setting up four tree nurseries, supplying tree seedlings, conducting transplanting activities coupled with health awareness sessions, and establishing supply centers with integrated health sessions and referrals for health services.*

## CONCLUSION

*The initiative has demonstrated the potential for community-led environmental conservation to address the adverse effects of climate change. The successful implementation of tree planting projects in schools has not only contributed to reforestation but has also promoted a sense of responsibility for both personal and environmental health.*